SPIRITHORSE SHENANDOAH VALLEY THERAPEUTIC RIDING CENTER

VOLUNTEER HANDBOOK

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THERAPEUTIC HORSEBACK RIDING

WHAT IS Therapeutic Riding?

SHSV is a federal, non-profit organization that promotes equine assisted activities and therapies for individuals with special needs. Certified instructors and trained volunteers assist children and adults with physical, mental and emotional challenges to find strength and independence through the power of the horse.

Benefits of Equine Activities: